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Draude: 'I take full responsibility'

Expense flap. Sask. minister says she'll repay $3,600 car service cost after NDP released documents detailing London trip

A Saskatchewan cabinet minister says she will repay taxpayers for using a pricey car service on a trip to London, and the top bureaucrat who made the booking and went along is on probation.

Social Services Minister June Draude came under fire in the legislature again on Thursday for using a car service that cost $3,600 over four days.

The expense was filed by Rick Mantey, cabinet secretary and clerk of executive council, who accompanied Draude to England and Ghana last June. Draude said she wasn't aware of the car cost until Wednesday, when the Opposition NDP released freedom-of-information documents detailing the trip.

Draude says she now realizes there were cheaper ways to get around London. "When I got home, when I started thinking about it afterwards ... maybe there was another way to do that. There could have been another way," she said.

She said it was her fault that she didn't ask herself whether there were other options.

"If I didn't ask the question to myself at that time, then I'm responsible. I take full responsibility for that."

Draude has said the trip was to learn about what other jurisdictions are doing on issues such as disability initiatives, social housing and fetal alcohol syndrome. She spoke at a conference in Ghana, but her agenda while in London was not made available to media.

Premier Brad Wall said using a car service can make sense if a minister has a lot of meetings, but it "shouldn't have been booked in this case."

"I think it's a contractor that's been used by the government before when programs did warrant it. I don't think there was the appropriate sensitivity or awareness to the fact that this program was not as intense for the minister and could have been achieved by taxi. The minister came to that same conclusion. That's why she's paid it back," Wall said.

Doug Moen, deputy minister to the premier, signed off on Mantey's expenses.

Mantey's probation means he is not to travel for six months or book anyone else's travel, said Wall. A disciplinary letter is on Mantey's file.

The documents also showed $206 was spent for a lunch "debrief" in London with a woman named Rita Crone, a friend of Draude's from Saskatchewan. Draude said she thought the lunch was a treat from Mantey and did not know it had been filed on his expenses.

Wall said it was a clerical error made after Mantey submitted many receipts to his assistant to fill out the expense form. Draude had no idea that the lunch was expensed and the amount has been repaid, Wall said. THE CANADIAN PRESS

Call for transparency

The NDP got the travel expenses when it filed a freedom-of-information request. Unlike Alberta, Saskatchewan does not publicly post all of those expenses.

- "MLA expenses are already posted online. And I think it would be (an) appropriate and good step for the premier's expenses and ministers' expenses to be detailed in a similar way," suggested NDP Leader Cam Broten.

Social Services Minister June Draude addresses the media at the legislature on Thursday. Draude says she will repay taxpayers after using a car service that cost $3,600 over four days on a trip to London, England, last June. SARAH TAGUIAM/METRO

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Bus fleet now totally accessible

Transit. Low-floor models make it easier for those using mobility devices to catch a ride

MARCO VIGLIOTTI
marco.vigliotti@metronews.ca

All 108 Regina Transit buses are now accessible, low-floor models to better accommodate riders with mobility problems.

"Part of the messaging for our council ... is to make our city more accessible, more inclusive," Mayor Michael Fougere said at an event on Thursday demonstrating the capabilities of the buses outside the Southern Saskatchewan Independent Living Centre.

The buses' front sections can be lowered so riders with wheelchairs, scooters, strollers and other mobility devices can board more easily using ramps.

Fougere said the new vehicles also ease the burden on the city's stretched ParaTransit service.

"We know that ParaTransit continues to be an issue. We also know these buses are accessible as well," the mayor said.

"We want accessibility for the residents ... and we're committed to being inclusive as a city."

As part of its 2014 budget, the city has purchased 15 accessible buses on top of 18 bought the previous year. Each bus, Fougere said, has cost about $500,000.

A portion of city property-tax revenue during the past several years has been dedicated to the purchases.

Mellissa Northe, who uses a wheelchair, said the new buses will make commuting on Regina Transit much easier.

"It gives us, persons with disabilities, more options away from ParaTransit services," Northe said.

"Hopefully it will reduce the refusal and cancellation rates that ParaTransit so drastically has at the present time."

As a result of the new buses, Northe said she no longer needs to book ParaTransit rides a week in advance. She can instead wheel up onto a low-floor bus to get around.

Mellissa Northe demonstrates the capabilities of Regina Transit's low-floor buses on Thursday as the city announced that its entire fleet has become accessible. MARCO VIGLIOTTI/METRO

Rural nurse recruiting plan rolled out

Randy Weekes METRO

Nurse practitioners willing to relocate to some rural communities in Saskatchewan could receive up to $40,000 over five years in incentive grants as part of a new government recruiting strategy.

"Nurse practitioners are valued and welcomed healthcare professionals, but vacant nurse-practitioner positions in communities can often be difficult to (fill)," Randy Weekes, provincial minister of rural and remote health, said on Thursday in an address to the annual Nurse Practitioner Conference in Regina.

As part of the government's multi-pronged recruitment program, those training to become nurse practitioners will receive wages and benefits for up to two years under a five-year service agreement with sponsoring health regions. Weekes said health regions would be allowed to move vacant nursing positions to communities with a "demonstrated need" for nurse practitioners.

The province also wants to create a pool of nurse practitioners to temporarily serve rural communities when those areas' regular healthcare staff go on vacation, sick leave or maternity leave.

According to the government, the province has seen a 71 per cent increase since 2007 in its number of licensed nurse practitioners.

The strategy is intended to be phased in over two years and is expected to cost the government about $250,000 a year.

"This strategy will help us to continue to remove barriers ... and implement solutions that support nurse practitioners and benefit patients," Lia Boxall, head of the Saskatchewan Association of Nurse Practitioners, said in a prepared statement.

MARCO VIGLIOTTI/METRO

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Province plans to add names to war memorial

Retired Lt.-Col. Terry Lyons, chairman of the Saskatchewan War Memorial Committee, is pleased that all of the province's First World War casualties will be honoured. SARAH TAGUIAM/METRO

Honouring the fallen.
Commemoration of First World War's beginning

The provincial government is adding the names of 1,200 Saskatchewanians who lost their lives during the First World War to its war memorial in commemoration of the beginning of that conflict a century ago.

The memorial will be renovated to add the names in time for a commemoration ceremony at the legislative grounds on Aug. 4, Kevin Doherty, minister responsible for the Provincial Capital Commission, said on Thursday.

The project will cost a total of $160,000, $80,000 of which will come from the province, and the rest from the Saskatchewan War Memorial Committee.

"Getting the 1,200 names that were missed ... is great because now all the people who came to us and said, 'My grandfather's not on that memorial,' we can (tell them) that they will be on it," said retired Lt.-Col. Terry Lyons, chairman of the memorial committee.

The war memorial will have a total of 6,200 names after the additions.

The committee began researching Saskatchewan's war casualties in 1988, though it missed names when the memorial was dedicated in 1995.

"It wasn't until 2006 or 2007 that they started finding those names through electronic means," Lyons explained.

According to Lyons, Saskatchewan is the only province that has all of its casualties from the two world wars, the Korean War and peacetime operations listed on one memorial.

The province also has a virtual war memorial listing casualties beginning in 1885.

SARAH TAGUIAM/METRO

Latest plan

Four Sask. liquor shops being converted to rural franchises

Four Saskatchewan liquor stores are being converted to rural franchises that will sell alcohol on behalf of the Saskatchewan Liquor and Gaming Authority.

The SLGA outlets are in the towns of Langenburg, Ituna, Ponteix and Kerrobert.

"Three of these stores have high operating costs and the Kerrobert store building is 94 years old and quickly nearing the end of its useful life," said Donna Harpauer, minister responsible for the SLGA, in a release on Thursday.

Converting the stores will ensure that the communities have continued access to alcohol products at SLGA prices, Harpauer added.

Four full-time and eight part-time SLGA employees will be affected by the conversions. The provincial government said they have options under a collective agreement, including a possibility of employment at other SLGA stores.

Franchise opportunities for the four locations will be advertised beginning next week.

SARAH TAGUIAM/METRO

Saskatchewan talent

Sask. native gets another shot at cracking NFL roster

Canadian longsnapper Jorgen Hus is getting another shot at cracking an NFL roster. The 24-year-old Saskatoon native has signed as a free agent with the Super Bowl-champion Seattle Seahawks. The six-foot-one, 232-pound Hus attended the St. Louis Rams training camp last year but the former University of Regina star was released prior to the start of the season.

THE CANADIAN PRESS

Halifax. Pizza theft has happy, cheesy ending

This is a feel-good story that's truly, deliciously, cheesy.

A Dartmouth, N.S., woman recovering at a Halifax hospital from surgery to treat Crohn's disease is awash in gratitude this week after some deep-dish acts of kindness.

"It restores your faith a little bit in humanity," said Jessica Wilson, 24.

Wilson has been on a mostly liquid diet over the last month, and had a procedure this week requiring a 24-hour fast.

She awoke Tuesday eagerly looking forward to solid food in the form of a Hawaiian pizza she had stowed — marked with her name — in her floor's communal fridge the night before.

But the pizza was gone, the empty box crumpled in the garbage can.

"When you're sick and you've been in hospital for a month, the smallest thing seems so big," said Wilson. "So for me, it was earth-shattering."

Jessica Wilson shows off her donated pizza. CONTRIBUTED

Nearly choking on disappointment, Wilson took to Facebook to rant.

Sympathetic friends took up her cause and by the end of Tuesday, two large pizzas had been delivered, anonymously, to her floor and the owner of local restaurant Morris East personally delivered a large Hawaiian party pizza.

RUTH DAVENPORT/METRO IN HALIFAX

Digital strategy. Gov't set to unveil new framework

Ottawa is set to unveil its long-awaited national digital strategy.

Industry Minister James Moore, in a video clip posted on YouTube and the pm.gc.ca website, said the policy framework "is going to prepare this country for the next generation of opportunities in the digital world."

Called Digital Canada 150, he said the framework will be unveiled at an event in Waterloo, Ont. Friday.

Observers say the framework could add details on how the Conservative government can meet its target of "near-universal" broadband access within five years. The February budget included $350 million for extending broadband to rural and remote areas.

Moore said the digital strategy will focus on economic issues and measures to expand Canadian cultural content. "I'm talking about a digital strategy which includes the economic aspects but it will be broad based, it will be substantive."

The promise of a digital strategy has been long-standing, with two of Moore's successors promising action but a policy has yet to be delivered. TORSTAR NEWS SERVICE

Leah Parsons, mother of the late Rehtaeh Parsons, sat down with Metro to reflect on the past year since her daughter's suicide. JEFF HARPER/METRO

'She resonates with other people'

One year later. Leah Parsons says she takes comfort in the fact that Rehtaeh's story has helped others

HALEY RYAN
Metro in Halifax

A tattoo on Leah Parsons' shoulder is partially covered by her shirt until she lifts the sleeve, revealing a portrait of her daughter Rehtaeh in black ink alongside small crows.

Parsons said she got the tattoo last May to honour her daughter, who had gotten one of a feather with crows flying out of it "like a rebirth" on her 16th birthday.

"It was kind of a way for her to take back her body," Parsons said.

It's been a year since Rehtaeh died on April 7 after attempting to take her own life, which her mother says was due to months of bullying after a photo of her alleged rape was spread around school.

A walk in her memory is planned for Saturday afternoon, which Parsons said has the double importance of bringing awareness to rape culture.

"It's a worldwide thing," Parsons said. "She resonates with other people because they know how easily it could be their child."

Parsons especially hopes teenagers will come and listen to the messages of respect, and not victimizing others.

"Don't stand around and do nothing. You've got to speak up. If you're saying something negative about a female ... you've got to make it socially unacceptable, that it's not cool."

Rehtaeh's story led to multiple reviews and new legislation around sharing intimate photos. Parsons said the important thing is she brought up issues "that needed to be talked about."

Parsons says she finds strength in the messages pouring in from people around the world about how Rehtaeh changed their lives.

Quoted

"She was brave enough to speak out and she stood her ground."
Leah Parsons

One woman said a tattoo of Rehtaeh on her wrist is a reminder to stop harming herself. Many have said she gave them strength to talk about their own rape.

"It's what keeps me going," Parsons said. "It's very therapeutic to receive those types of messages, and it just tells me she mattered and she matters to people."

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Ford crack video led to fears of retribution

Project Brazen 2.
Wiretap shows locals worried they'd 'feel the heat' from T.O. mayor

A woman living in a suspected crack house where she suggested the Rob Ford crack video was filmed complained the Toronto mayor's "people" were stopping by every day following media reports about the video, police allege.

Elena Basso is heard on a wiretapped conversation with an alleged gang member saying Ford has "got power" and "it doesn't matter who's right or wrong … we're going to feel the heat everywhere," police allege.

Police summaries of the wiretaps made as part of Project Traveller — a gang, drugs and weapons investigation — are among information ordered released to the public Thursday by an Ontario Superior Court judge.

Ford declared Thursday that he had been "cleared" after the provincial police force, which was tapped last month to oversee a Toronto police probe of the mayor's activities, said it was no longer involved.

Police say one of the wiretap conversations was between alleged gang member Liban Siyad — who would later be arrested in Project Traveller — and Basso, whose home police allege is a "hangout for crack cocaine users."

According to the documents, Siyad tells Basso he had nothing to do with the video and both talk about "G" being responsible for it. Police believe "G" is Mohamed Siad, who was also ultimately arrested in Project Traveller.

If Siyad had the video, he would bring it to Basso "directly to give to Rob," police allege he said in a May 20 conversation.

"The f–ing goof did it at my house," police allege Basso said. "I got Rob's f–ing people and cops coming here every f–ing day."

The "whole area" is going to "go down" because of "G," and "G" screwed up her business, Siyad's business and everybody's business, police allege Basso said.

"To be fair, Rob Ford — I told you guys — is a big f–ing idiot," police allege Basso said. THE CANADIAN PRESS

More Ford

Restaurant owner George Foulidis is arguing an Ontario judge was wrong to dismiss a defamation lawsuit against Rob Ford as he takes the case to Ontario's highest court.

- Foulidis sued Ford over comments he made suggesting a deal between Foulidis's company and the city was corrupt. The lawsuit was dismissed in December 2012.

Migrants try to storm Spanish enclave

Spanish officers stand guard as sub-Saharan migrants sit on top of a metallic fence that divides Morocco and the Spanish enclave of Melilla on Thursday. Spanish and Moroccan police have thwarted a fresh attempt by dozens of African migrants to try to scale border fences to enter the enclave. Thousands of sub-Saharan migrants seeking a better life in Europe are living illegally in Morocco and regularly try to enter Melilla in the hope of later making it to mainland Spain. SANTI PALACIOS/THE ASSOCIATED PRESS

WHO WINS?
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SGEU

Social network created to cause dissent

Cuban Twitter. The project strived to build an audience and push them toward dissent

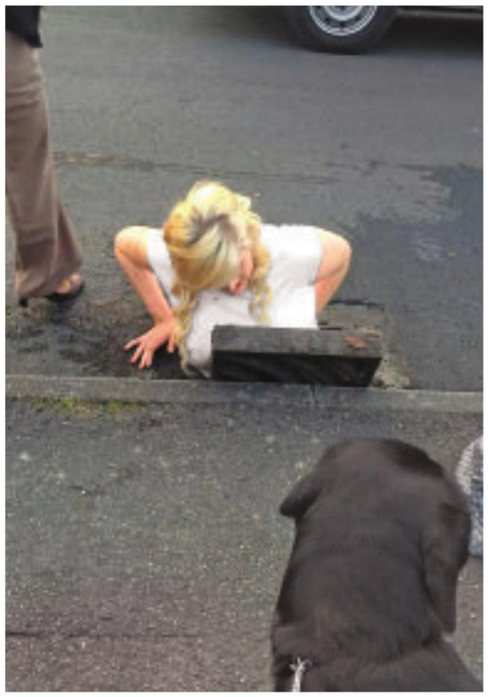
The U.S. government masterminded the creation of a "Cuban Twitter" — a communications network designed to undermine the communist government in Cuba, built with secret shell companies and financed through foreign banks, The Associated Press has learned.

Project "ZunZuneo" lasted more than two years and drew 40,000-plus subscribers. First, the network would build a Cuban audience, mostly young people; then, the plan was to push them to dissent. It's unclear whether the scheme was legal under U.S. law. Rajiv Shah, administrator for the U.S. Agency for International Development, said it was not a covert program, which requires written authorization of the president and congressional notification, though "parts of it were done discreetly."

The project began in 2009 after Washington-based Creative Associates International obtained a half-million Cuban cellphone numbers. Project organizers used those numbers to start a subscriber base. USAID and its contractors set up front companies in Spain and the Cayman Islands to hide the money trail.

Organizers worked hard to create a legimate-looking network and companion site so users could subscribe and send their own text messages. THE ASSOCIATED PRESS

Students look for an Internet signal in Havana. USAID masterminded the creation of a "Cuban Twitter." RAMON ESPINOSA/ THE ASSOCIATED PRESS



British teen stuck in a rut

Sixteen-year-old Ella Birchenough tried to squeeze down a drain to fetch her phone in Dover, England. She became stuck in front of a group of amused onlookers and was later rescued by firefighters, according to a witness. TIM RICHARDS/THE ASSOCIATED PRESS

Lincoln County. Mickey the Lobster tragically dies far from home

The Lincoln County Humane Society in St. Catharines sent out a tweet Thursday saying a lobster found abandoned in a box in a restaurant parking lot has died.

The crustacean — dubbed Mickey the Lobster — was discovered Wednesday in a parking lot.

The humane society's executive director Kevin Strooband had said the investigation was ongoing, but suspected that the lobster was left there as a prank on April Fools' Day.

Mickey the Lobster
THE ASSOCIATED PRESS

The shelter had been planning to send Mickey back to the Maritimes, but those hopes are dashed. THE CANADIAN PRESS

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Offer is not redeemable for cash and can only be applied towards eligible Accessories. Any unused portions of the Offer are forfeited. Only one (1) offer may be applied towards the purchase or lease of one (1) Eligible Vehicle. ** Offer only valid from March 22, 2014 to April 30, 2014 (the "Program Period") to Canadian resident customers who own or are currently leasing (during the Program Period) a Ford or Lincoln Pickup Truck (F150, F250-450, Ranger, Lincoln Mark LT, Lincoln Blackwood) (each a "Qualifying Loyalty Model"), or any competitive pickup truck with a pickup bed (each a "Qualifying Conquest Model") and purchase, lease, or factory order (during the Program Period) a new 2013/2014 F-150 (excluding Raptor, XL 4x2 Value Leader, and 2014 F-150 SUPERCREW XLT 4X4 package 300A) (each an "Eligible Vehicle"). 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ARE YOU A TARGET?

And if so, what to do. Hackers and privacy thieves may sometimes come to us in ways we don't expect; here are a few examples that might surprise you

SEAN MCKIBBON
Metro in Ottawa

After taking the normal precautions to protect our privacy and digital belongings — measures such as making strong passwords, using firewalls and anti-virus software, keeping computers and other equipment updated and using a VPN at public Wi-Fi sites — people have to weigh how much further they have to go to stay safe.

"We all have to figure out whether or not we're likely to be a target," says Scott Wright, a computer security expert who has worked in the field for more than a decade and uses his powers of hacking for good and not for evil.

"If you are not a target, you take the risk, like you take the risk of driving down the street and not getting into an accident."

But it's often not as easy a question to answer as most people think it is.

Are you rich? No? Is your boss?

While an individual of modest means might be less likely to be a target for hackers, their employers might be, says Wright.

"Sometimes hackers use people as stepping stones," he says. Important intellectual property or fat lines of credit can be very attractive targets for hackers.

Inside job

"When it comes to security in businesses, the person who is going to have the easiest time of things is the person inside your company."

Leigh Honeywell, computer security researcher, who says companies need to be really careful about who they hire

The enemy that comes from within

Nor should we overlook the threats closest to us.

"When it comes to security in businesses, the person who is going to have the easiest time of things is the person inside your company," says computer security researcher Leigh Honeywell.

"People call it the insider threat.

"And that's where having good hiring practices, having good internal security, paying attention that you are hiring good people — that's what makes the difference there."

She adds that companies should also have layers of checks and balances in place so that if someone does go rogue they can be detected and stopped. But while companies can hire security professionals such as Wright and Honeywell, that's an expensive prospect for an individual. Home research, trusted friends with computer know-how and common sense are what most people have to rely on.

When your computer is out to get you

Even technology can pose threats to privacy all by itself, she says, pointing to an incident that happened when Google launched its now defunct Buzz social networking platform. Buzz would automatically "friend" all of the people in its user's email contacts — a feature that looked more like a bug for one woman when Buzz friended her abusive ex.

"Anything you post on a website you should consider to be eventually public even though your privacy settings may control who can access it at any given time," says Wright.

"Do a little bit of research to see if there have been any complaints or breaches," he says when asked about how to choose a cloud-based service. Many firms either have a mandatory breach disclosure law they have to follow or they abide by a voluntary policy where they commit to informing their users of breaches.

Websites sometimes change their privacy policies. Even those run by people with the best of intentions sometimes get hacked. And there's the weak link in the whole equation — people.

"If you post too much info on FB and don't have your privacy set properly — you can go on Facebook and find lots of people who have not put in any privacy restrictions on their information and that makes it really easy for people to target them."

Cupid's dart

On a personal level, people need to be aware of the threats closest to them— while the stereotypical "threat model" is a stranger jumping out of the bushes and attacking us, most victims of physical crimes know their attackers.

- In the computer world threats can be close too.
- Jealous partners and exes might want to snoop on your browsing or install spyware on your computer, says computer security researcher Leigh Honeywell.

Hacking your world: Day 3 of 3

- Who's hacking who? Who's hacking you? Metro looks at the real-life world of virtual break-ins
- If you missed content for the first two days, be sure to check out the rest of our feature online at metronews.ca.

The Honey Stick Project

Security researcher Scott Wright has found in his experiments that 80 per cent of the time, people will look through the content of a phone they find, beyond looking for contact information.
SEAN MCKIBBON/METRO

Spies like us?

If you lose your phone, are people reading your financial statements? Most people want to keep their private affairs private and don't want to be hacked, but how they feel about the privacy of others is a whole different thing.

Security researcher Scott Wright, who runs a study called the Honey Stick Project, has some bad news.

"People love to look at other people's employment and salary information," says Wright, who runs experiments in which he will drop unlocked USB keys and smartphones with fake files labeled things like "HR salaries," "concert tickets" or "passwords," in different cities in Canada and the U.S. and then monitors what people do with them.

"It's not all that encouraging," he says. "For USB drives, about 65 per cent of the time people will open them, plug them into their computer, double click on files, which could infect their computers."

For the phones, he says 80 per cent of the time people will go through the contents to see what's on them.

"And it's not just to find contact information," he says.

Do the phones come back? "About 50 per cent of the time they will get returned."

SEAN MCKIBBON/METRO IN OTTAWA

See that symbol? It means you can scan this image with your Metro News app to weigh in on the best way to protect your information.

See that symbol? It means you can scan this image with your Metro News app to watch a video on people snooping when they retrieve a lost phone.

Q&A with the commish

Chantal Bernier.
Interim privacy commissioner talks about her biggest concerns and whether we need to redefine our ideas of privacy

TREVOR GREENWAY
& SEAN MCKIBBON
Metro in Ottawa

Interim Privacy Commissioner Chantal Bernier. THE CANADIAN PRESS FILE

Personal is still personal, even on Facebook

"'The public availability of personal information on the Internet' does not 'render personal information non-personal.'" Chantal Bernier, quoting a report from her office that looked into two government departments' collection of information from an activist's Facebook page

Metro posed a series of questions to Chantal Bernier, Interim Privacy Commissioner of Canada, by email. The following article has been edited for length and clarity.

Q: Canadians have many online privacy concerns. What do you see as threats they are facing?

A: Canadians face a growing number of threats … they may be tracked without their knowledge; they are vulnerable to hackers and fraudsters; and they may be surprised to find information they posted online used in ways they had not anticipated.

When Canadians were asked about the privacy risks that most concerned them, computer privacy and Internet security were second only to concerns related to security of financial information. We have seen a growing number of investigations under the Personal Information and Electronic Documents Act (PIPEDA) involve online issues.

We recently completed an investigation on how Google's online advertising service used sensitive information about individuals' online activities to target them with health-related advertisements. Not only was this contrary to Canadian privacy law … it was also contrary to Google's own privacy policy ... We were pleased Google agreed to implement our recommendations.

In our last annual report on the Privacy Act, we raised concerns with respect to two government departments collecting personal information posted by an activist on her personal Facebook page. We recommended that the departments not access this type of personal information from social media sites unless they could show there was a direct link to an operating program or activities.

Our Office recently prepared a Special Report to Parliament on reinforcing privacy protection and oversight for the Canadian intelligence community in an era of cyber-surveillance.

Canada does have a comparatively strong oversight system but our report includes a number of recommendations such as increased public reporting and a call for a re-examination of the oversight structure designed to ensure privacy.

Q: What is the volume of complaints your office fields about online privacy concerns?
A: In a typical year, our office investigates more than 1,400 complaints under the Privacy Act and PIPEDA.

Q: With the pervasiveness of Facebook and Twitter, do you think the definition of privacy needs to change?
A: Our expectations of privacy are different depending on circumstances. What you post on the Internet is not always private. We encourage people to only post things they would be comfortable with the whole world seeing.

Q: Do we need greater investment in creating a more secure IT infrastructure?
A: Our work has focused on ensuring organizations that are online use the tools and technologies available to properly protect security and privacy. Many privacy problems we encounter have more to do with business practices and improper use of technology to keep information secure, rather than fundamental infrastructure issues.

Q: Is the commission concerned that the government has been spying on its own people?
The recent revelations about surveillance matters have been troubling from a privacy standpoint. We hope our recent report to Parliament will contribute to a constructive, informed debate on privacy protection in the context of national security.

Video

Have you been hacked?

30.5%

In an online poll, 30.5 per cent of Metro readers said they had been hacked at some point, while 12 per cent said they were the ones doing the hacking.

Twitter

@koolkirbs
I care! I don't want Canada to turn into George Orwell's "1984".

@Russell_Barth 28m
I sure hope the dastardly, sex-assault-joking, pole-murdering, barn-burning #RCMP #filth aren't reading this.

@Cazzy
not printing your Twitter details (username or password) in a publication read by thousands daily. *Ed's note: It's 1.8 million, actually :)*

@FrenchmanCanada
All my online passwords are the same as my debit card pin(0000).It's so obvious,nobody will ever be able to hack that for sure.

@metropicks asked: Do you care if the government is looking at your personal information?

@metropicks asked: What's your best tip for keeping your information safe from hackers?

Stay safe out there with this software

- **Mailvelope.** A browser extension that lets people exchange encrypted emails using OpenPGP encryption.
- **OpenVPN.** This software integrates OpenVPN server capabilities that people can use to enhance their security when using public Wi-Fi.
- **Lastpass.** A password manager that helps users make robust logins and passwords, without having to remember them.
- **McAfee.** This software adds safety ratings to browser and search engine results to help people avoid risky websites.

Deep hidden ocean located on Saturn moon

Enceladus. Little moon is probably not the only one with a subsurface sea; Saturn's Titan moon may have an ocean

Scientists have uncovered a vast ocean beneath the icy surface of Saturn's little moon Enceladus.

Italian and American researchers made the discovery using Cassini, a NASA-European spacecraft still exploring Saturn and its rings 17 years after its launch from Cape Canaveral. Their findings were announced Thursday. This new ocean of liquid water — as big as or even bigger than North America's Lake Superior — is centred at the south pole of Enceladus and could encompass much if not most of the moon. Enceladus is about 499 kilometres across.

This shows the possible interior of Enceladus. NASA, JPL, CALTECH/AP

The data does not show if the ocean extends to the north pole, said the lead researcher, Luciano Iess of Sapienza University of Rome. At the very least, it's a regional sea some 40 kilometres deep under miles-thick ice.

On Earth, it would stretch at least from our South Pole up to New Zealand.

Cassini's rudimentary instruments cannot determine whether the moon's ocean harbours any form of life. Another mission using more sophisticated instruments is needed for that.

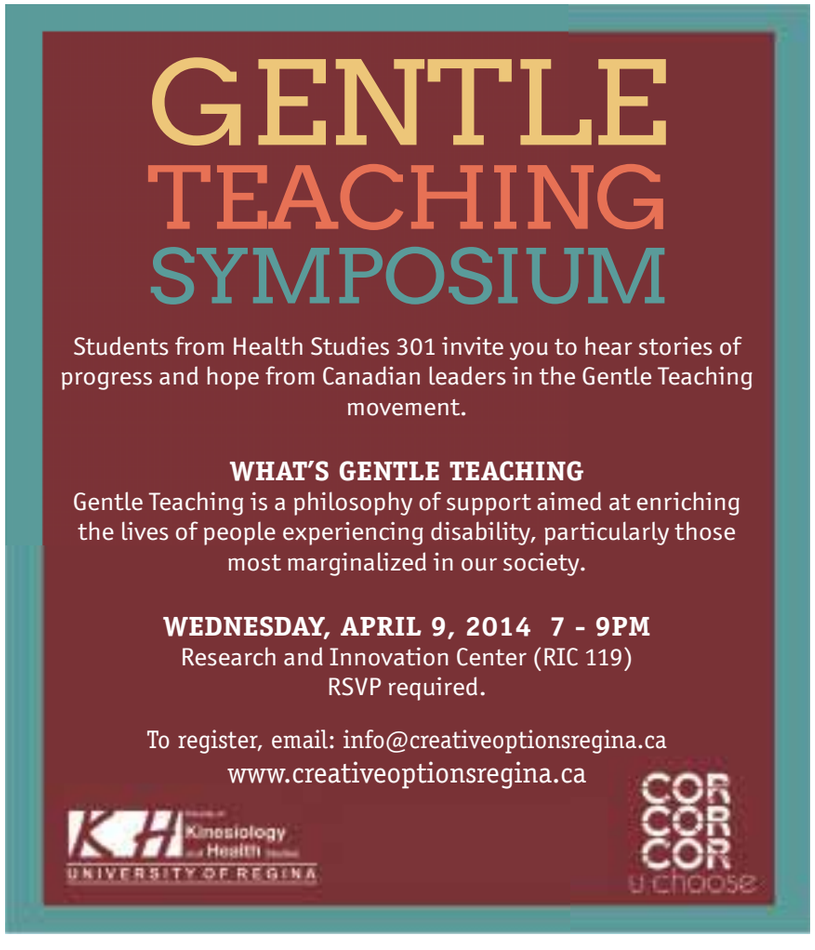
THE ASSOCIATED PRESS

See that symbol? It means you can scan this image with your Metro News app to see a photo gallery of the Vancouver Police Department's new police puppies.

Vancouver kids, kindergarten to Grade 7, get to name two police puppies

One of two eight-week-old puppies is held by a police officer at the police dog squad facility in Vancouver on Thursday. The Vancouver Police Department is holding a name-the-puppy contest, open to Vancouver students in kindergarten to Grade 7.

KAYLA ISOMURA/FOR METRO IN VANCOUVER


GENTLE TEACHING SYMPOSIUM
Students from Health Studies 301 invite you to hear stories of progress and hope from Canadian leaders in the Gentle Teaching movement.
WHAT'S GENTLE TEACHING
Gentle Teaching is a philosophy of support aimed at enriching the lives of people experiencing disability, particularly those most marginalized in our society.
WEDNESDAY, APRIL 9, 2014 7 - 9PM
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Report. Turns out the rich (company founders and heirs) are getting richer

While politicians in Ottawa still can't decide who is in the middle class, a new analysis suggests wealth is increasingly gravitating to the very top.

The report by the left-leaning Canadian Centre for Policy Alternatives shows that the country's 86 richest individuals and families — or 0.002 per cent of the total population — are getting exponentially richer and now have accumulated as much wealth as the country's poorest 11.4 million.

That's more than in 1999, when the richest 86 had as much money as the poorest 10.1 million and enough to buy up everything in New Brunswick and still have about $40 billion left over, according to the report, to be released Thursday.

The point of the exercise, says economist and author David Macdonald, who used Statistics Canada data and research from Canadian Business magazine, is to show that if income inequality is a policy and social justice concern — wealth inequality is worse.

In fact, the super-rich list of Canadian residents has little to do with income in the traditional sense, he said. None of the 86 are company CEOs — often the poster children of the Occupy crowd for their unseemly salaries and bonuses. Instead, the ones on the list are there by virtue of being company founders or related to company founders.

THE CANADIAN PRESS

Occupiers had a point

"The top 20 per cent have 70 per cent of all wealth. It's much more extreme and the concern is as you accumulate all this wealth, this wealth starts to buy you political power."

David Macdonald, author of the Canadian Centre for Policy Alternatives' report on wealth inequality

Market Minute

DOLLAR
90.59¢ (-0.03¢)

TSX
14,402.21 (-56.90)

OIL
$100.29 US (+$0.67)

GOLD
$1,284.60 US(-$6.20)

Natural gas: $4.43 US (+$0.17)
Dow Jones: 16,572.55 (-0.45)

Sask. already said no

Ontario's NDP pushes for a ban on Russian booze

Watch out Russian booze lovers.

Ontario's NDP wants the province's government-run liquor stores to suspend sales of Russian Standard vodka due to the international crisis in Ukraine.

Saskatchewan had looked at the idea, but nixed it last week.

THE CANADIAN PRESS

Hanging up on sexism

In this Feb. 20, 2014, photo, models pose with a Samsung Electronics curved UHD TV during a press unveiling at its headquarters in Seoul, South Korea. Samsung Electronics Co., which is preparing for the global launch of the Galaxy S5 smartphone on April 11 said it is making "concentrated efforts" to ensure its communications around the world respectfully portray women. Some of its promotions and corporate events in the past year were criticized as sexist and demeaning.

THE ASSOCIATED PRESS FILE

FireChat ignites off-the-grid convos

Humans made fire...
Now we've made a messaging app via wireless mesh networking so users can connect sans Internet

A new mobile messaging application called FireChat is empowering nearby smartphone users to stay in touch even when there's no cellular service or Internet connection.

In just two weeks since its release on the iPhone, FireChat already has provided a flicker of hope for people pining for more effective, secure and affordable ways to communicate. That's because the free messaging app harnesses a technology called wireless mesh networking, which might someday allow a myriad of devices to connect like links in a chain.

The technique might someday be used to tie together thousands of devices with built-in radios and make it possible to be online without having to pay for the access. It could also enable online communications in remote areas or disaster zones without Wi-Fi or cellular signals. Furthermore, the conversations in these so-called "off-the-grid" networks can't be easily hacked into by spies and mischief makers or shut down by governments trying to stifle free speech.

"We are trying to create networks built by the people for the people," said Micha Benoliel, CEO of Open Garden, maker of the FireChat app.

Open Garden, a San Francisco startup with just 10 employees, is taking another step toward its ambitious goal with Thursday's release of a FireChat app for Android phones.

THE ASSOCIATED PRESS

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LACK OF JUDGMENT? THAT'S %$#@

THE METRO LIST

Neil Morton
metronews.ca

1 Justin Trudeau. I'm all for politicians being transparent and real, so I don't think it's a big deal the Liberal leader dropped the f-bomb at a charity boxing event last weekend in Gatineau, Que. The PMO called his use of the f-word a "lack of judgment" but that's the pot calling the kettle black.

2 Circle of life. Imagine being on a plane, when all of the sudden a bunch of people break out in an amazing rendition of The Circle of Life and they turn out to be the Australian cast of The Lion King. That's what happened during a flight from Brisbane to Sydney, and the YouTube footage of their high-flying performance has three million views. What a scream, er, roar!

3 Final Four. It's March Madness fun this weekend as it all comes down to No 1. Florida versus No. 7 Connecticut, and No. 2 Wisconsin versus No. 8 Kentucky. I'm pumped for this but was really hoping Canada's Nik Stauskas would be playing there — the Michigan team he starred on lost a nail-biter to Kentucky in the Elite Eight.

4 Pranks. April Fools' wasn't just parents pranking their kids. Some of the best came from Canadian companies such as Fido, which replaced their iconic K9 with a feline in their branding, and WestJet claiming it's converting all its flight times to metric. That more companies have co-opted April Fools' is fine with me. All in good fun.

5 Photoshop Lorde. Huge props to Lorde, the 17-year-old pop star who drew attention to a photoshopped image of herself on Twitter, and then showed the "real" one with all her flaws. "I find this curious — two photos from today, one edited so my skin is perfect and one real. remember flaws are ok :-)" she said to her 1.4 million followers. Great message.

6 Miley & Avril. To lampoon a recent study ranking Avril as the most famous Canadian of all time, Miley Cyrus and Avril Lavigne showed they have comedic talent in a 14-second Instagram video where they argue over who is the most famous person in Canada. They end the video by play wrestling. The only thing that would have made it better is if the Biebs was refereeing.

7 Snapchat. Time.com posted an article on how Snapchat is growing up, as it transitions from tweens sending selfies to each other to college students trading admissions pics — and colleges actually directly recruiting students using the service. Facebook, Instagram and Twitter grew up. Now, it's Snapchat's turn. Time for me to join.

8 #YouKnowYoureCanadianWhen. What I love about Canadians is how funny and self-deprecating we are. So when #YouKnowYoureCanadianWhen trended this week, people ate it up like bacon with tweets like "You wanna wear shorts in 7 degree weather" and "you say sorry when the person bumped into *you*." Love this country.

9 (Samsung) selfie with Obama. A selfie of Boston Red Sox slugger David Ortiz with U.S. President Obama was all the rage this week. Turns out, Samsung — which was behind the Ellen Oscars selfie — was also behind this, as Ortiz has an endorsement deal with them. From now on, I'm just going to assume Samsung is behind every selfie that goes viral. So they win.

Follow The Metro List on Twitter @TheMetroList

ZOOM

They're neck and neck!

COURTESY SOL NEELMAN

World of weird sports chronicled

Ostrich racing in Nevada, lightsaber fencing in San Francisco and fire obstacle running in Wolverhampton, U.K., are some of the bizarre sports Sol Neelman has documented over the years. The photographer's latest pictures feature in his second volume Weird Sports 2, which is currently fundraising on Kickstarter. **METRO**

Q and A

Epiphany led to niche photography

SOL NEELMAN
Photographer based in Portland, Ore.

How did you get into weird sports photography?
About ten years ago, a friend asked me, what do I love? "Travel, sport, photography and weird s--t," I replied. So I started researching about wild sporting events and sort of had an epiphany: I found fun things to photograph. So I quit my job at local newspaper The Oregonian and started travelling the world chronicling strange sports — 200 of them in nine years.

METRO AUGMENTED REALITY

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In this issue, you can find AR enhancements on pages 9 and 10 in News, page 13 in Scene, and page 17 in Sports.

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.

2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!

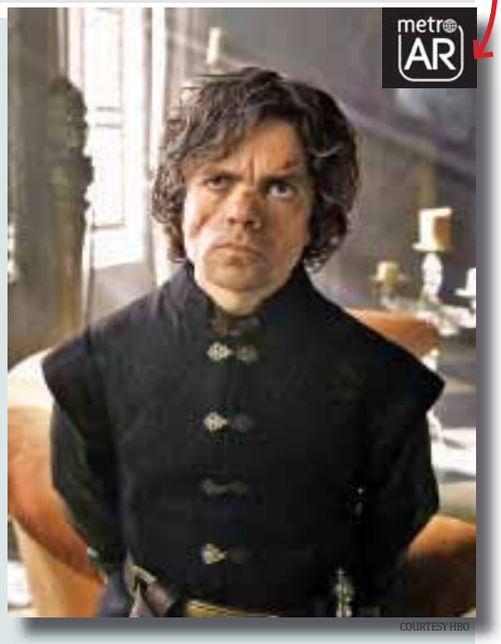
3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

MetroTube

Nightmare Before Christmas does Game of Thrones

ANDREW FIFIELD
metronews.ca

You may have heard that a little show called Game of Thrones is returning on Sunday, unleashing season 4 on a very eager audience. But a lot has happened in Westeros over the past three seasons. Luckily, Cas van de Pol has put together a Nightmare Before Christmas-inspired musical number to bring you up to speed.



COURTESY HBO

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See that symbol? It means you can scan this image with your Metro News app to see a video clip from Captain America: The Winter Soldier.

The Captain's full of action

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Chris Evans, right, stars in Captain America: The Winter Soldier. Richard Crouse gives the movie some credit for its good action sequences. CONTRIBUTED

Synopsis

When we meet up with the recently defrosted superhero Captain America (Chris Evans), he is catching up with the modern world. He soon finds himself tangling with the chrome-armed Winter Soldier (Sebastian Stan), a villain from Cap's long distant past and battle against a threat from deep inside S.H.I.E.L.D., his own spy network. The Captain must determine who can be trusted. Will it be S.H.I.E.L.D. director Nick Fury (Samuel L. Jackson), the flirty but deadly Natasha Romanoff (Scarlett Johansson) or World Security Council bigwig Alexander Pierce (Robert Redford)? The decisions he makes could save his life and the lives of 20 million civilians.

- Richard: ●●●●○
- Mark: ●●●●○

Captain America: The Winter Soldier.

Blockbuster's plot is ripe with twists and turns and some genuinely thrilling moments

Richard: Mark, movie by movie, Marvel is creating an interconnected universe. Like a giant jigsaw puzzle, the comic book company has pieced together something quite unprecedented: a series of films that aren't sequels to one another, but when combined form a loud, brash whole. Captain America was a latecomer to the party, and while the first film was a solid introduction, it didn't have the sparkle of, say, the first Iron Man movie. The character seemed a bit beige; a do-gooder with no rough edges. The Winter Soldier addresses those concerns, fleshing out the character and providing some very good action sequences. What did you think?

Mark: I'm not sure the word "think" applies much to the movie. But I did enjoy it, much more than the first installment. The plot seemed rooted in some reality, in a kind of paranoid thriller way, like Enemy of the State and Three Days of the Condor, and Robert Redford's presence makes the connection even more explicit. But I still don't feel I knew Captain America any better in this one. He's still a cipher to me — a sphinx with a very powerful garbage can lid.

Quoted

"This time out I thought Evans got deeper into the character."

Richard Crouse, movie columnist

RC: This time out I thought Evans got deeper into the character. Physically he's one big rippling muscle, but it's his personality and attitude that make him interesting. He's still a do-gooder, but one who questions his missions. "You're holding a gun to everyone on Earth and calling it protection," he says after learning of S.H.I.E.L.D.'s violent plan to bring peace to the world. It's an edgy message from a Greatest-Generation type to a world where drones have become common and Edward Snowden rides the line between patriot and traitor. The message permeates the plot, which is ripe with twists and turns and some genuinely thrilling moments.

MB: Dunno about the message, but there were two long memorable car chases, and that's enough for me! Loved the cast — Redford, Samuel L. Jackson, Anthony Mackie, all great fun, but Scarlett Johansson was the cherry on the top of this sundae. She plays a lot of scenes without much makeup, which made me believe she was actually on an op. In the fight scenes, I'm sure Evans and Johansson used stunt doubles, but it looked they were doing their own work. Nice directing.

RC: I enjoyed the performances. Johansson, in particular, is mad, bad and dangerous to know as Romanoff, and kicks so high it's only a matter of time until she gets her own Avengers movie.

MB: I'm looking forward to the next installment: Captain America and Tennille, where he saves the world *and* sings poppy '70s love ballads.

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Drama on the gridiron

Draft Day. Director Ivan Reitman set out to make a football movie that appealed to non-football fans

NED EHRBAR
Metro World News in Hollywood

Kevin Costner stars in Draft Day, which opens next Friday. CONTRIBUTED

Ivan Reitman returns to the director's chair with the football drama Draft Day, starring Kevin Costner as the beleaguered general manager of the Cleveland Browns. For Reitman, the film signals a change in what sort of material he wants to direct — which means someone else will be helming Ghostbusters III.

How do you go about getting non-football fans to care about football?
That's the magic trick of this movie. When we were making it, I knew that if it was only for football fans, then the film wasn't right. Because it's really not so much about football, even though it takes place in the football world. It's really about human drama and being under pressure and rising against it.

And you have Kevin Costner as the guy dealing with that pressure.
There's just something about the guy that looks like he should be doing this and could have done it in his life. I said this to him when I first met him, that there's kind of this inner goodness that he represents, this all-American kind of good guy quality that we as men want to follow, and it's what makes him effective as a movie star. It's sort of what Gary Cooper and all those great, classical old-time Hollywood guys had.

How did he respond to that?
He sort of smiled shyly at me and changed the subject.

Being in charge of a major-league sports team is such a public job, with so many fans and critics offering unsolicited opinions. Sort of like being a movie director, right?
There's 100,000 reviewers out there, not counting all the people who review your movie anyway as individuals and tell their friends, "Yeah, it sucked." It's part of public life today, and it's why I could relate to the story very easily. I felt very much like his job is the job of a director in a movie. I've had to deal with those kinds of pressures.

What are your priorities for choosing projects to direct at this point in your career?
At this age, if I'm going to continue directing, I think it will be things that are a little smaller and more intimate that have a stronger emotional core to them. It sort of led to that decision of withdrawing from Ghostbusters as a director. I wanted to do it, but I was always torn for that reason. And then with Harold Ramis's death, it just didn't seem right for me to continue as the director, and I actually thought I'd be more effective as the producer of the project.

Documentary

Island of Lemurs: Madagascar

Director. Frank Pavich

Stars. Alejandro Jodorowsky

Morgan Freeman narrates the IMAX 3D documentary Island of Lemurs: Madagascar, the incredible true story of nature's greatest explorers — lemurs. Island of Lemurs: Madagascar takes audiences on a spectacular journey to the remote and wondrous world of Madagascar. Lemurs arrived in Madagascar as castaways millions of years ago and evolved into hundreds of diverse species but are now highly endangered.

Rotten Tomatoes™ score
Critics: No reviews yet
Audience: + 86 %

Horror/Thriller

Afflicted

Director. Derek Lee, Clif Prowse

Stars. Baya Rehaz, Clif Prowse

This terrifying horror thriller follows two best friends who set out on the trip of a lifetime around the world. Their journey, documented every step of the way, soon takes a dark and unexpected turn after an encounter with a beautiful woman in Paris leaves one of them mysteriously afflicted.

Rotten Tomatoes™ score
Critics: 89%
Audience: + 91 %

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THESE PAGES COVER MOVIE START TIMES FROM FRI., APR. 4 TO THURS., APR. 10. TIMES ARE SUBJECT TO CHANGE.

Southland Mall
3025 Gordon Rd.

300: Rise of an Empire 3D (18A) Fri 7:45-10:15 Sat-Sun 12:05-2:30-5:05-7:45-10:15 Mon-Tue 6-8:45 Wed 1:40-6-8:45 Thu 6-8:45
Captain America: The Winter Soldier (PG) No Passes Sat-Sun 12-3:10 Star & Strollers Screening, No Passes Wed 1:30
Captain America: The Winter Soldier 3D (PG) No Passes Fri 6:20-7-9:30-10:10 No Passes Sat-Sun 12:40-3:50-6:20-7-9:30-10:10 No Passes Mon-Tue 5:20-7:30-8:20 No Passes Wed 1:50-5:20-7:30-8:20 No Passes Thu 5:20-7:30-8:20
Divergent (PG) Fri 6:35-9:40 Sat-Sun 12:20-3:30-6:35-9:40 Mon-Tue 5:40-8:40 Wed 1:50-5:40-8:40 Thu 5:40-8:40
The LEGO Movie (G) Fri 7:25 Sat-Sun 12:15-2:40-5-7:25 Mon-Tue 5:45 Wed 2-5:45 Thu 5:45
Mr. Peabody & Sherman (G) Fri 7:40-10:10 Sat-Sun 12:30-2:50-5:20-7:40-10:10 Mon-Tue 5:55-8:15 Wed 2:10-5:55-8:15 Thu 5:55-8:15
Muppets Most Wanted (G) Fri 7:15-9:55 Sat-Sun 1:20-4:15-7:15-9:55 Mon-Thu 5:25-8:05 Star & Strollers Screening Wed 1:30
Need for Speed 3D (PG) Fri 6:50-9:45 Sat-Sun 12:45-3:40-6:50-9:45 Mon-Tue 5:35-8:30 Wed 2:10-5:35-8:30 Thu 5:35-8:30
Noah (STC) No Passes Fri 7:10-10:15 No Passes Sat-Sun 12:55-4:05-7:10-10:15 No Passes Mon-Tue 5:30-8:35 No Passes Wed 1:40-5:30-8:35 No Passes Thu 5:30-8:35
Non-Stop (PG) Fri 7:30-10:05 Sat-Sun 1:10-4:25-7:30-10:05 Mon-Tue 5:50-8:25 Wed 2-5:50-8:25 Thu 5:50-8:25
That Awkward Moment (14A) Fri-Sun 9:50 Mon-Thu 8:10

Galaxy Cinemas Normanview S.C.
420 McCarthy Blvd. N. Unit

300: Rise of an Empire 3D (18A) Fri-Sat 8:05-10:35 Sun 10:15 Mon-Wed 7:40-10:10 Thu 10:25
Alvin and the Chipmunks (G) Sat 11
Bad Words (14A) Fri 5:20-7:40-9:55 Sat 2:55-5:20-7:40-9:55 Sun 12:35-2:55-5:20-7:40-9:55 Mon 7:30-9:50 Tue 5:15-7:30-9:50 Wed 7:30-9:50 Thu 7:15
Captain America: The Winter Soldier (PG) No Passes Fri 6:20-9:30 No Passes Sat-Sun 12-3:10-6:20-9:30 No Passes Mon 6:40-9:45 No Passes Tue 3:40-6:40-9:45 No Passes Wed-Thu 6:40-9:45
Captain America: The Winter Soldier 3D (PG) No Passes Fri 3:40-6:50-10 No Passes Sat-Sun 12:30-3:40-6:50-10 No Passes Mon 8:30 No Passes Tue 5:30-8:30 No Passes Wed-Thu 8:30 No Passes
Fri 4:10-7:20-10:30 No Passes Sat-Sun 1-4:10-7:20-10:30 No Passes Mon 7:10-10:15 No Passes Tue 4:10-7:10-10:15 No Passes Wed-Thu 7:10-10:15
Divergent (PG) Fri 4-7:10-10:20 Sat-Sun 12:55-4-7:10-10:20 Mon 7-10:05 Tue 3:50-7-10:05 Wed-Thu 7-10:05
Draft Day (PG) Thu 9:30
The Grand Budapest Hotel (14A) Fri 5:30-8-10:30 Sat 12:25-3-5:30-8-10:30 Sun 1:20-4:50-7:45-9:45 Mon 7:50-10:15 Tue 5:25-7:50-10:15 Wed 7:50-10:15 Thu 6:45-10:15
The LEGO Movie 3D (G) Fri 5:15 Sat-Sun 12:15-2:45-5:15 Tue 5:10
The Metropolitan Opera: La Boheme (STC) Sat 10:55
Mr. Peabody & Sherman (G) Sat 11:25
Mr. Peabody & Sherman 3D (G) Fri 4:15-6:45-9:10 Sat 1:50-4:15-6:45-9:10 Sun 1:15-4:15-6:45-9:10 Mon 6:45-9:05 Tue 4:25-6:45-9:05 Wed 6:45-9:05 Thu 9:10
Muppets Most Wanted (G) Fri 4:50-7:30-10:10 Sat 11:30-2:10-4:50-7:30-10:10 Sun 2:10-7:30-10:10 Mon 7:20-9:55 Tue 4:45-7:20-9:55 Wed 7:20-9:55 Thu 7:25-10
The Nfinity Champions League Cheerleading Event (STC) Thu 7:30
Noah (STC) No Passes Fri 3:55-7-10:05 No Passes Sat-Sun 12:50-3:55-7-10:05 No Passes Mon 6:55-9:55 No Passes Tue 3:55-6:55-9:55 No Passes Wed-Thu 6:55-9:55
Rio 2 3D (G) No Passes Thu 8
WWE WrestleMania XXX - 2014 (STC) Sun 5

Kramer IMAX Theatre
2903 Powerhouse Dr.

Born to Be Wild 3D (G) Fri-Sun 2:15-4:45
Flight of the Butterflies 3D (STC) Fri 1-3:30
Island of Lemurs: Madagascar (G) Fri 11-2:15-4:45-7 Sat-Sun 1-2:15-4:45-7
Kenya 3D: Animal Kingdom (STC) Sat-Sun 3:30

Golden Mile
3806 Albert St.

12 Years a Slave (14A) Fri-Thu 1:10-3:50-6:30-9:10
3 Days to Kill (14A) Fri-Thu 1:20-3:45-6:35-9:10
About Last Night (14A) Fri-Thu 1:15-3:50-6:40-9:25
American Hustle (14A) Fri-Sat 1:10-3:50-7:15 Sun 7:15 Mon-Thu 1:10-3:50-7:15
August: Osage County (14A) Fri-Thu 9:15
Frozen (G) Fri-Thu 1:25-4-6:45
The Monuments Men (PG) Fri-Thu 1:10-4-6:55-9:15
The Nut Job (G) Fri-Thu 1:30-4:05-7:05
Ride Along (PG) Fri-Thu 9:20
Le Week-end (PG) Fri-Thu 1:15-6:30
The Wind Rises (G) Fri-Thu 3:55-9:25

Regina Public Library Film Theatre, 23 11 12th Ave.

Amistad (STC) Wed 6:15
Escape From Tomorrow (14A) Thu 7
A Field in England (14A) Fri 9 Sat 7 Sun 9
The Grandmaster (PG) Fri 7 Sat 9 Sun 7
No Films Showing Today (STC) Mon-Tue
Tim's Vermeer (G) Thu 9

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Lindsay Lohan ALL PHOTOS GETTY IMAGES

Freehab? LiLo's stay at Cliffside Malibu comped

Lindsay Lohan's ongoing financial woes didn't stop her from getting some much-needed treatment, as her last three-month stay at the Cliffside Malibu rehab facility was reportedly on the house, according to Radar Online. "Health insurance wouldn't pay for the rehab stint because this was her sixth time in treatment," a source says. "Cliffside Malibu comped it.

Prior to arriving at Cliffside, Lindsay had been at Betty Ford and wasn't doing well there. Cliffside Malibu became available and agreed to allow her to stay, presumably because of the free publicity it gave them. She thrived in the environment." Lohan reportedly stayed in a private room at the well-appointed facility because "she would never agree to have a roommate."

The Word

Were Gwyneth and Chris consciously open coupling?

MELINDA TAUB
Metro World News

I really do feel badly for Chris Martin and Gwyneth Paltrow. Say what you will about Gwyneth, no one ever accused her of not trying hard.

That's not to say that the Paltrow-Martin marriage was all picket fences and soccer games. Rumour has it that prior to their conscious uncoupling, Paltrow and Martin engaged in a fair amount of conscious coupling with other partners, according to E! Online.

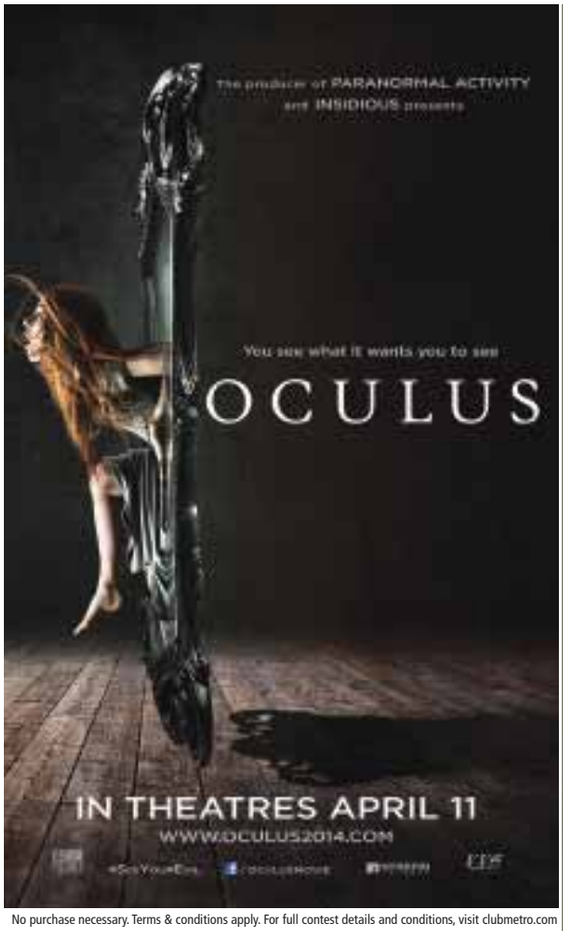
Gwyneth's recent struggle with Vanity Fair was reportedly the result of her (ultimately successful) attempt to keep the magazine from printing rumours of her affair with businessman Jeffrey Soffer.

She's also been linked to Glee producer Brad Falchuk and attorney Kevin Yorn. Coldplay star Martin, meanwhile, has reportedly been spotted with Kate Hudson, Kate Bosworth, and Helena Christensen.

Tom Daley

Daley says he's gay, not bisexual

Tom Daley would like to clarify his earlier statement about his sexuality. When the British Olympic diver first divulged that he is dating a man — Oscar-winning screenwriter Dustin Lance Black, as it turns out — in a YouTube video in December, he was sure to mention, "Of course, I still fancy girls." But in an interview on Keith Lemon's Celebrity Juice, Daley revised his statement, saying, "I am a gay man now." And while he found the coming out experience terrifying, Daley is still glad he did it. "I came out on YouTube as I wanted to say what I wanted to say without anyone twisting it. I told my family before I told the world. I was terrified," he says.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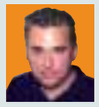

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

I'm back from Germany — a winemaking country with a long history, both in its own vineyards and here in Canada.

If you're showing even a hint of grey hair, you probably remember Germany's liquid output as the sweet and simple stuff your parents drank at bridge club parties.

But today's German wines have a secret weapon. Predominately white, their balance of sugar and acidity make them extremely food-friendly, especially when you're looking for a match with takeout. Sushi, Chinese, Mexican, Thai, anything spicy, and they can fill your glass.

I spent some time in the Mosel region: a beautiful part of the wine world populated by small fairy-tale towns where steeply planted vines grow on the slopes that rise from the banks of the meandering Moselle river.

In the Mosel, Riesling is king, with wines like Dr. Loosen's 2012 'Dr. L' Riesling ($13.95 - $18.99) offering soft, green apple/fruit expression and a palate-cleansing personality that pairs perfectly with the local cuisine. Pass the schnitzel. **PRICES REFLECT RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Dessert

Berry Mille Feuille

- 8 square won ton wrappers
- 50 g butter, melted
- 2 tbsp icing sugar
- 1/2 cup (125 ml) single (pouring) cream, whipped
- 125 g blueberries
- 125 g raspberries
- Extra icing sugar, for dusting

Preheat oven to 180 C (350 F). Place won tons on a baking tray lined with non-stick baking paper. Brush the won tons with butter and sprinkle with icing sugar. Bake for 5–7 minutes or until golden. Cool on trays. Place a won ton on each of 4 serving plates. Spoon half the cream onto the won tons and top with the blueberries. Top with another won ton and the remaining cream and sprinkle with raspberries. Dust with extra icing sugar to serve. **DONNA HAY, GUSTOTV.COM**

Forget the tired lettuce, croutons, store-bought dressing and fake Parmesan cheese routine. Bestselling Australian chef Donna Hay shows us how to give a classic salad new life with a recipe from her cookbook Fast, Fresh, Simple.

New Caesar reimagines salad

This recipe serves four. DONNA HAY

FAST, FRESH, SIMPLE
Donna Hay
gustotv.com

1. Preheat oven to 160 C (325 F). Brush the bacon with maple syrup, place on a baking tray lined with non-stick baking paper and bake for 15 minutes.

Ingredients

- 8 pieces bacon, rind removed
- 1/4 cup (60 ml) maple syrup
- 2 baby romaine lettuces, trimmed and halved
- 4 eggs, soft boiled and peeled
- 1/4 cup (20 g) finely grated Parmesan
- 8 long thin slices baguette, toasted

Caesar Dressing

- 1 egg
- 2 anchovy fillets
- 1/2 tsp Worcestershire sauce
- 1 tsp lemon juice
- 3/4 cup (180 ml) vegetable oil

FLASH FOOD

From your fridge to your table in 30 minutes or less

2. Dressing, place egg, anchovy, sauce and lemon juice in food processor and process until combined. With motor running, gradually add the oil and process until creamy. Add water to adjust the thickness. Place ingredients on plates. Top with dressing and Parmesan. Serve with toasted baguette. **WATCH DONNA HAY FAST, FRESH, SIMPLE THURSDAYS STARTING AT 10 P.M. EST/PT ON GUSTO TV, CANADA'S NEW FOOD & LIFESTYLE CHANNEL. VISIT GUSTOTV.COM FOR FULL PROGRAM LINE-UP AND RECIPES.**

Celeb chef

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McGowan dustin' off his starter's cap

Blue Jays home opener. Veteran pitcher to make his first start in 2 1/2 years on Friday against Bronx Bombers

Dustin McGowan will be the Blue Jays' starting pitcher for their home opener on Friday night against the Yankees. "I want that crowd, I want it loud," McGowan said. TORSTAR NEWS SERVICE FILE

On the eve of his first major-league start in 2 1/2 years, Dustin McGowan was more stressed about the flight he was "fixin' to get on."

"I hate flying," the Blue Jays' 32-year-old right-hander told Torstar News Service Thursday afternoon, just before he left the visiting clubhouse at Tropicana Field to head to the airport.

McGowan flew to Toronto ahead of his teammates Thursday to get a good night's rest before one of the most momentous starts of his roller-coaster career.

A first-round draft pick in 2000, the hard-throwing righty made 27 starts for the Jays in 2007 and 19 the following year before landing on the disabled list with a shoulder injury. Since then he has pitched fewer than 50 big-league innings — a span of 5 1/2 seasons — as he endured multiple shoulder surgeries, as well as injuries to his knee and foot. It's tough to imagine a career as checkered as his that found its way back on track.

Yet, here McGowan is, set to take the mound at Friday's home opener against the New York Yankees in front of a sold-out crowd.

Though he knows the atmosphere will be raucous, McGowan said Thursday he has no intention of trying to block out the crowd.

"I definitely want to embrace it," he said. "It's going to be one of those games when there's going to be lots of energy in the building and you want to take that momentum with you from the crowd. I'm sure there's going to be a point in the game when I'm going to have to calm myself down and slow it down a little bit, but yeah, I want that crowd, I want it loud."

Jays fans are likely to oblige him.

In addition to the usual fanfare of the home opener and a game against the Yankees, it's tough to think of another player on the current Jays' roster who has been so universally rooted for as McGowan. His comeback start in September 2011 — then his first since July 2008 — was met with a stirring ovation. Friday figures to be the same, only with a packed house to boot.

But for everywhere outside of Toronto, the spotlight on Friday will be squarely on McGowan's counterpart with the Yankees, Masahiro Tanaka, the highly touted Japanese right-hander who's making his major-league debut.

McGowan said he doesn't look at it as a mano-a-mano matchup.

"It's not me versus Tanaka," he said. "It's the Blue Jays versus the Yankees. I'm sure it's going to be electric in there because of him pitching his first game. I look forward to the challenge."

When McGowan was announced as the starter for the home opener in the final week of spring training, GM Alex Anthopoulos said he hoped to get away from the talk of his incredible story and focus instead on the fact that he's simply a great pitcher.

McGowan feels the same, but he knows his long road back to the big leagues is also part of who he is.

"I'll always have that with me because I focused so hard to get back to this point," he said. "But yeah, there's got to be a point where we forget about that and we just look forward. It's good to come back from all of this, but I don't want to have to come back from something else." TORSTAR NEWS SERVICE

Gone to the dogs ... and cat

- Each year, enough hot dogs are sold at Rogers Centre that, if they were lined up, they would cover the distance of 3,241 stolen bases.
- The league reached a licensing agreement with Hello Kitty creator Sanrio last winter, and now clothing, dolls and baseballs with the cartoon cat's image will be sold at Jays games throughout the season.

TORSTAR NEWS SERVICE FILE

Friday's Metro AR poll

With the Bruins paying the Maple Leafs a visit Thursday night, we couldn't help but think of the Buds' Game 7 collapse in their playoff series last year. You know, the game in which they held a 4-1 lead in the third period and ended up losing 5-4 in overtime. Scan the image above using your Metro News app to vote on the most epic collapse in sports history.

Metro AR poll results

58% Metro News readers voted Bobby Baun's performance on a broken leg and scoring the 1964 Stanley Cup-clinching goal for the Maple Leafs as the most courageous "playing hurt" moment in sports. The runners-up in the poll were:

21% Hayley Wickenheiser playing with a broken foot

13% Michael Jordan's flu game

4% Willis Reed playing through a torn thigh muscle

4% Curt Schilling and his bloody sock

Bobby Baun
TORSTAR NEWS SERVICE FILE

4 SPORTS

Horoscopes

Aries
March 21 - April 20
You seem to be feeling a bit vulnerable but theres no need. What happens over the next few days will lift your spirits and also remind you that, even when things do go a wrong, it's not the end of the world.

Taurus
April 21 - May 21
You may be tempted to hit back at someone who has been spreading gossip about you, but is it worth it? If you say something rude they will see they have managed to get under your skin.

Gemini
May 22 - June 21
You have taken on a lot of new responsibilities but is that wise? You may think you can handle the extra work but the planets warn it will, sooner or later, get too much.

Cancer
June 22 - July 23
Make an effort to finish what you have started, because if you fall behind it may be impossible to catch up. Close your eyes and ears to distractions and focus on what you really must get done.

Leo
July 24 - Aug. 23
If there is something important that needs to be done over the next two days, get on with it and ignore those who say you're not up to the task. They have no idea what you are capable of.

Virgo
Aug. 24 - Sept. 23
A relationship that has caused you sleepless nights will start to improve over the weekend but don't think that means you no longer have to work at it. This may be the last chance.

Libra
Sept. 24 - Oct. 23
There is no need to cut back on essentials, no matter what some might say. It may seem as if there is no way out of your financial dilemma but there is always a way, so think logically.

Scorpio
Oct. 24 - Nov. 22
You are doing too many things for too many people and need to slow down a bit. If you carry on trying to do it all you are sure to burn yourself out, physically and emotionally.

Sagittarius
Nov. 23 - Dec. 21
Don't let people play on your feelings and get you to do things you might not choose to do if you were thinking logically. Let them know you are going to play this game.

Capricorn
Dec. 22 - Jan. 20
Why do some people seem to enjoy making life complicated? Whatever the reason you don't have to follow their example, so keep it simple today and don't go searching for complicated answers to straightforward questions.

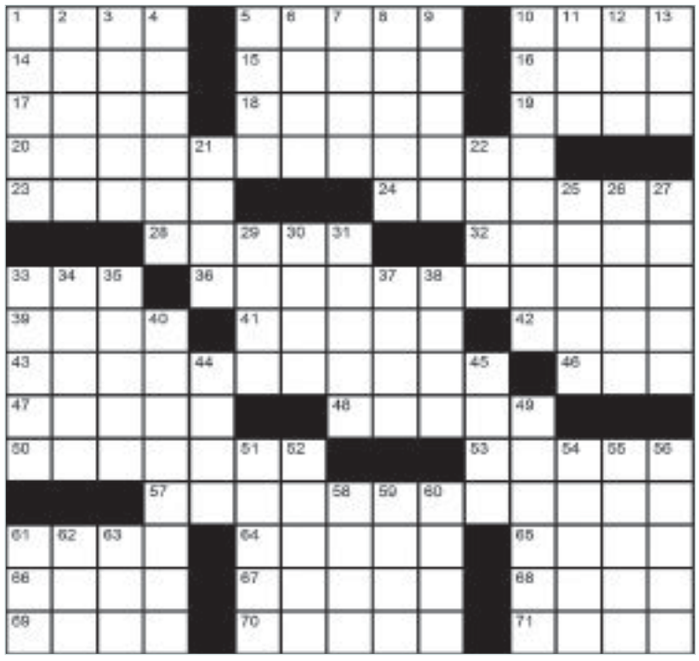
Aquarius
Jan. 21 - Feb. 19
A light-hearted attitude is what you need today. The planets suggest if you take nothing too seriously then nothing too serious will go wrong. It all comes right in the end.

Pisces
Feb. 20 - March 20
You will find it easy to see the good in other people today — and they in turn will realize what a special friend they have in you. The world has a special place in its heart for you. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

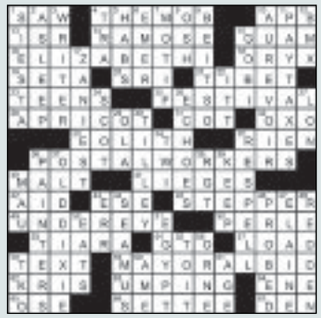
BY KELLY ANN BUCHANAN



Across
1. Stairway segment
5. Business days, acronymonially
10. Space mission org.
14. Fit
15. Lunch order, _ __ of soup
16. Viewed
17. Fitting-here flower
18. "Shout" by The __ Brothers
19. Marijuana
20. Purchases from #57-Across: 2 wds.
23. Ranch animal
24. Did this rather than use the doorbell
28. Dish of noodles
32. __ Ray (Aquatic creature)
33. Title in Turkey, variantly
36. Ian & Sylvia song that starts "There's a young man that I know...": 2 wds.
39. Cleanser
41. Conrad Black's journalist wife, Barbara __
42. Couples
43. The __, Toronto band of 'We Still Move on Dance Floors'
46. Tavern drink
47. 'Commend' suffix (Praising)
48. "The Simpsons" daughter, and namesakes
50. Ancient Rome: Wisdom goddess
53. Melded
57. Type of place that sells fertilizer, hoses, flowers, and more: 2 wds.
61. 'Yukon's Best Kept Secret' town
64. George Gershwin co-composed tune: "Tee-__-Un-Bum-Bo"
65. Hairdo
66. Long-gone soldier's stat.
67. __ donor
68. As soon as
69. Rip apart
70. Track events
71. Back

Down
1. Halifax Harbour sights
2. Futuristic card
3. Top rate
4. Annoy
5. Housekeeper
6. Cook's abbr.
7. Cookware company
8. Fix a bit
9. Hollywood legend Errol
10. "Global National", for example
11. Captain's confirmation
12. Find out
13. + meaning
21. Epochs
22. Melissa Etheridge's "Come __ __ Window"
25. 1965 Petula Clark hit: "I __ _ Place"
26. _-__ (Internet calculator, e.g.)
27. Stephen King book, __ Macabre
29. Biblical land where Moses was buried
30. Single-named supermodel
31. "The Piano" (1993) star Sam
33. Type of tea from India
34. Notorious mobster, John __ (b.1940 - d.2002)
35. Movie actor Mr. Eckhart
37. Grocery store dept.
38. Woeful word
40. 24-karat: 2 wds.
44. "__ Breckinridge" (1970)
45. Secure
49. Calgary-based energy company
51. Sound from the racetrack!
52. J'__ (Dior perfume)
54. Building material
55. Ms. Durance, Calgary-born star of CTV's "Saving Hope"
56. Hold over
58. Cliff spot
59. _. __. (Line above the equator)
60. 100 yrs. [pl.]
61. Way out
62. Wonderment
63. Bandmate to Keith

Yesterday's Crossword

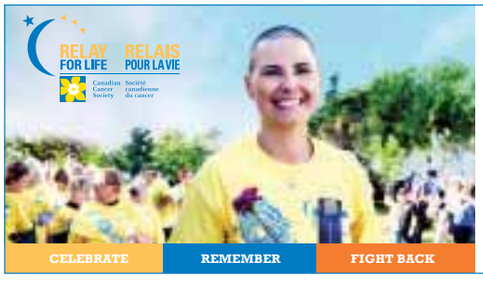


Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

3	7	6	4	9	5	2	1	8
1	2	9	7	8	6	3	4	5
4	8	5	2	1	3	6	9	7
7	1	3	8	6	4	5	2	9
8	9	2	5	3	7	4	6	1
5	6	4	9	2	1	7	8	3
2	5	1	6	7	8	9	3	4
6	4	8	3	5	9	1	7	2
9	3	7	1	4	2	8	5	6



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Sears Outlet Store

1908 7th Ave.
Regina SK

Store Hours

Monday - Friday 9:30 am - 9 pm
Saturday 9:00 - 6 pm
Sunday & Holidays 11am - 5 pm

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MARKET VALUE $31,995* SALE PRICE $28,995* PAYMENT $189* B/W

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MARKET VALUE $13,998* SALE PRICE $8,995* PAYMENT $96* B/W

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MARKET VALUE $29,998* SALE PRICE $25,995* PAYMENT $249* B/W

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MARKET VALUE $27,998* SALE PRICE $22,495* PAYMENT $189* B/W

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MARKET VALUE $28,995* SALE PRICE $24,995* PAYMENT $179* B/W

AUTOMATIC, AIR, CRUISE, TILT, LOW KMS, WONDERFUL FUEL ECONOMY!

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MARKET VALUE $14,995* SALE PRICE $12,995* PAYMENT $114* B/W

3.0L 6CYL, HTD LEATHER SEAT, POWER MOONROOF, REV SENSING SYSTEM, TRAILER TOW PACKAGE

2008 FORD ESCAPE LTD 4X4

MARKET VALUE $17,995* SALE PRICE $15,495* PAYMENT $169* B/W

AWD, REAR SUNROOF, LOCAL TRADE, SERVICED AT HONDA REGULARLY

2004 HONDA ELEMENT Y PKG AWD

MARKET VALUE $11,995* SALE PRICE $9,995* PAYMENT $99* B/W

AUTO, POWER GROUP, SPORTY LOOK, GREAT GAS MILEAGE, ONLY 26,000 KMS

2012 DODGE CARAVAN SXT

MARKET VALUE $20,998* SALE PRICE $18,995* PAYMENT $149* B/W

LUXURY VEHICLE, HTD & COOLED FRONT LEATHER SEATS, REVERSE CAMERA, NAV, PANORAMIC ROOF

2013 LINCOLN MKX AWD

MARKET VALUE $49,995* SALE PRICE $46,495* PAYMENT $339* B/W

AWD, HTD AND COOLED LEATHER SEATS, REV SENSING, DUAL ZONE CLIMATE CONTROL, POWER MOONROOF

2011 FORD TAURUS LTD AWD

MARKET VALUE $29,998* SALE PRICE $26,995* PAYMENT $219* B/W

6.7L 8CYL, HTD & COOLED LEATHER SEATS, HEAVY DUTY SHOCKS, TRAILER TOW PACKAGE

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MARKET VALUE $56,998* SALE PRICE $50,995* PAYMENT $359* B/W

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